





BRITISH ATHLETICS EUROPEAN INDOOR SELECTION TRIALS

LEE VALLEY
Lee Valley Athletics Centre, London
20th February 2021

BRITISH ATHLETICS EUROPEAN INDOOR SELECTION TRIALS 2021

Indoor Athletics

Event Organiser Details

Event Organiser Name	Carol Jackson/Yannick Phippen
Organisation	BIG (Bedford International Games) British Athletics Events
Contact Telephone Number	07850 190299 07887775964
Email Address	yphippen@britishathletics.org.uk carol@gobiguk.net
Name of Event	British Athletics European Indoor Selection Trials – Lee Valley
Location of Event	Lee Valley Athletics Centre 61 Meridian Way, Edmonton, London, N9 OAR
Date of Event	Saturday 20 th February 2021
Contact Telephone Number on day of the event (if different to above)	







EVENT OVERVIEW

EVENT DESCRIPTION

British Athletics in conjunction with BIG (Bedford International Games) for the purpose of British Athletics determining the selection of a Great Britain and Northern Ireland team for the European Athletics Indoor Championships, Torun on 5-7 March 2021.

A UKA License is therefore being issued under the guidelines for the continuation of elite sport.

There will be 36 athletes competing for three selection spaces at the European Indoor Championships over the 60 metres, 60 metre hurdles, Long Jump and Triple Jump for men and women.

It is anticipated there will be 30 coaches, 30 officials and 30 volunteers being at the venue. The venue is closed to all other activities at this time. Volunteers roles and names will be Covid specific to minimise numbers and will be sent briefings in advance.

All athletes will have been invited to compete via email by the National Governing Body (UKA) and all National Technical Officials selected will be UKA level 3 and above.

A Covid Officer will be deployed for this event. The role of the Covid Officer will be to implement public health and safety measures across the event. The Covid Officer will also be aware of government guidelines and Covid-19 related safety, hygiene and social distancing protocols to implement and will lead briefings of officials and event staff.

No spectators will be allowed in accordance with government guidelines.

Medical Provision will be available on site by Elite Medical Services. There will be no event therapy.

Face Masks will be mandatory other than for those with a medical exemption. This is documented in Appendix 1.







The venue will be divided into two zones competition area and outer area for warm up, movement of coaches and officials which will comply with social distancing.

Mitigation will be enhanced by signage (Hands, Face, Space) and directional signage.

EVENT TIME

START TIME 12:00 FINISH TIME 17:00

Event set up will commence at 09:00 with first event starting at 12:00. One hour allowed for set down of event areas after last event, clearing and exit of all staff and athletes.

The announcer will be in control of the P.A system. This will be utilised to reinforce messaging with simple, regular safety messaging and track announcements. Amplified music will not be used as this increases the potential need to reduce distancing while talking.

Natural ventilation should be maximised wherever possible and outdoor spaces utilised for activity. We would encourage that the venue has one or more set of doors open for much of the event, to allow the flow of fresh air in the venue. But only where practically possible without affecting the ambient temperature of the venue.

TRAVEL

All participants should be advised to travel alone or only with others in their family bubble. It is acknowledged that athletes and coaches (if invited) may choose to share vehicles, UKA advise against this as far as possible and will be included in pre-event communications. Public transport should be avoided wherever possible and face coverings worn at all times if it is used.

ENTRANCE/EXIT POINTS

Car parking will be the dedicated venue parking spaces (150 spaces) near the venue entrance.

Entrance and exit to the facility will be via the main Athletics Centre entrance.

Athletes and coaches will be advised not to enter the site until 60 minutes (or what time is deemed sufficient but minimal) prior to their event. Athletes will be told not to wait outside the venue if they arrive early and should instead wait in their vehicle.







All attendees (Lee Valley Venue Staff, Event Staff, Volunteers, Officials, Athletes and Coaches) on site will be required to complete a Covid-19 Questionnaire declaration form 48 hours prior to the competition.

All attendees (Lee Valley Venue Staff, Event Staff, Volunteers, Officials, Athletes and Coaches) will have to undertake a Lateral Flow Test and return a negative result before being allowed to enter the venue. This will begin 30 mins before the first member of staff will need to be in the stadium (i.e approx. 08.00). This will be managed by Elite Medical Services. Whilst awaiting the result the attendee must wait in a vehicle. Only if an attendee arrives via public transport will they be permitted to wait in a venue safe space or the Isolation Room, where they will remain socially distant with a face covering until result is known. They will then be required to leave the venue and undertake the temperature check and follow the same guidance as stated above. All attendees will be notified of results by returning to the test site 30 minutes later. All hazardous waste will be disposed of by EMS.

A temperature check will be taken again by Elite Medical Services and attendees are required to return a reading of under 37.8C, wristbands will be given with the temperature reading on as evidence. Attendees will then proceed to the venue entrance and check in to the NHS Track and Trace via a QRD signage.

If any of the above stages have not been completed or followed, then access will be denied to the venue. Event Management (Carol Jackson or Yannick Phippen) will manage this accordingly.

Ingress of the athletes will be managed by ensuring smooth registration entry and 2m allowed for queuing. There will be staggered arrival times for each event, with no event containing more than 12 athletes.

The entry procedure will be the following:

REGISTRATION DESK: The registration desk will have a pop-up protective screen placed by the desk, this will be placed in the Foyer of the reception area with an accreditation document with attendees' details on stating if the declaration has been completed or not. Hands must be sanitised upon entry and a temperature test will be made before entering the venue. Hand sanitiser and wipes to be provided. NHS Track and Trace codes will be available at the desk as well as the entrance. An electronic copy of attendees details will be kept for 21 days also for good practice. Everyone will be asked to bring a mask and wear it at all times but these will be provided if they do not have one. A coloured wrist band will be issued as accreditation. This area will be made a sterile area. All attendees will have preregistered and have a confirmation email for reference.

ATHLETE REGISTRATION DESK: Athlete information will be sent out via email prior to the event and include a travel exemption letter. The athlete registration desk will serve as the area to collect individually wrapped Competition Bibs and pins in plastic pouch. Athlete events will be pre seeded and communicated by email before







registration on the day. There will be no paper results or seeding to reduce touch points, all will accessible online.

PERSONAL PROTECTION EQUIPMENT

All who enter the Athletics Centre must wear a mask, except during warm up, competition or for consuming food or drink. Disposable masks will be available for athletes, officials, volunteers, and support staff. Officials will be issued with disposable gloves to carry out their duties if required.

ATTENDANCE

The facility is licensed for up to 400 people and the Lee Valley Athletics Centre.

The British Athletics European Indoor Selection Trials at Lee Valley event is expected to have no more than 175 attendees. But due to staggered arrival and event times this will never be the totality of numbers at the same time.

It is advised that elite athletes, coaches, volunteers and event and venue staff conduct a personal health risk assessment prior to attending, to ensure they are aware of the personal risks. Appendix 2

PRIVATE MEDICAL CONTRACTOR

An emergency vehicle will be onsite provided by Elite Medical Services.

EMS Screening Staff will be on site for 07:30 for am 08:00 start for Lateral Test Flows. This will take place for all attendees in a gazebo in the venue car park.

In the event of an emergency access to the Lee Valley Athletics Centre will be via the trackside doors on the lower level via the gate to the outside track.

FIRE ALARMS

The Lee Valley Duty Manager will act as the Fire Marshal.

For unplanned evacuations (e.g. genuine fires), social distancing should be maintained so far as is reasonably practicable. However, the immediate risk to life from a fire would exceed the risk from COVID 19, so the objective would be to minimise person-to-person contact without unduly delaying the evacuation. Where possible, social distancing measures should be reintroduced as soon as possible after leaving the venue and assembly point.







FACILITY

The building will be unalarmed, opened and closed by the Duty Manager. Building checks and tasks to be carried out as per standard operations procedures to include facility inspection and fire alarm testing. All other relevant risk assessments, fire safety, building compliance and insurance should checked for currency by the venue operators and confirmation will be sought by UKA, as part of regular due diligence. Venue Site plans included in Appendix 3.

CHANGING PROVISION

There will be no changing provisions for athletes. Athletes must arrive ready to compete. Changing rooms will be closed and stakeholders advised of this in advance.

TOILET FACILITIES

These should be identified by LVAC Staff and sign posted on doors. There will be minimum access to toilets, utilising accessible and main toilets - 'one out, one in' system. Athlete Toilets – These will be separate and distinguishable with signage. Officials Toilets – These will be separate and distinguishable with signage. These to be regularly checked by venue staff.

CATERING

There will be no catering on site. Technical Officials/Volunteers will receive a £5 per diem to provide their own packed lunch. Athletes and Coaches will bring their own food and drink. Provisions of sealed bottled water will be provided and will be set out on a table, so the only contact point is the bottle that is taken. An urn plus Tea and Coffee will be provided by LVAC in the Officials Rooms. Officials have been asked to bring their own cups. Recycle bins around the venue will need to be provided by LVAC for the disposal of these bottles. Water/drink bins will not be used. It is strongly advised that water fountains are not to be used at the venue and the venue put these out of order.







CLEANING SERVICES/WASTE MANAGEMENT

Cleaning of all facilities will be arranged by the Lee Valley venue staff. Lee Valley will employ an additional cleaner to sanitise on a regular basis. An enhanced cleaning regime will be in place to clean frequent touch points around the facility.

Attention to be given to:

- · Door handles and push plates
- Toilets, taps and sinks
- Stair handrails
- Starting Blocks
- Hurdles
- Rakes

Cleaning - main touch points and toilets will be monitored and cleaned by venue.

Hand Sanitiser will be provided at the following locations: Main Entrance, Registration Desk, Warm Up area, Assembly Area and Competition Areas.

In addition, Track or Field Officials will clean all equipment in between competitions as per England Athletics guidance. Sanitising spray will be provided for use by officials in each event area. Athlete and support staff seats will be cleaned during the meeting and any seating for events will be socially distanced.

Venue to provide direction as to operating procedures and UK Athletics to provide via the Risk Assessment

Event Management will keep a record for UKA purposes of required supplies, including re-supply. This should include sanitiser points, anti-bacterial wipes and anti-bacterial sprays.

LICENSING

The meeting will have the relevant permit by UK Athletics.

WARM UP

Athlete Areas

Each athlete should have their own area for warm up and rest between rounds. Athletes will be asked to leave on conclusion of their event. Athletes will be informed in the pre-event information to not bring any unnecessary possessions to the venue.

The exemption from wearing face coverings should include athletes when exerting, (during warm up or competition but not while stretching or while undertaking low exertion warm up routines)







Elite Coach Areas

Elite Coaches are permitted to this event one coach per elite athlete. Elite Coaches are allowed to attend, as they are defined as elite under the elite sport exemption and return to competition guidance from England Athletics in conjunction with Sport England and DCMS.

Coaches are advised to be on site for as minimal time as possible. They can socially distance assist their athlete, in preparation for warm up and watch in socially distanced sanitised seats. We are advising coaches that they must leave on conclusion of heats and finals and only be in the venue when performing their coaching roles. Due to the minimal numbers competing, and some coaches will be looking after multiple athletes, which further reduces the numbers on site at any one time. Elite coaches are also a subject of the same testing and COVID-19 requirements.

COMPETITION AREAS

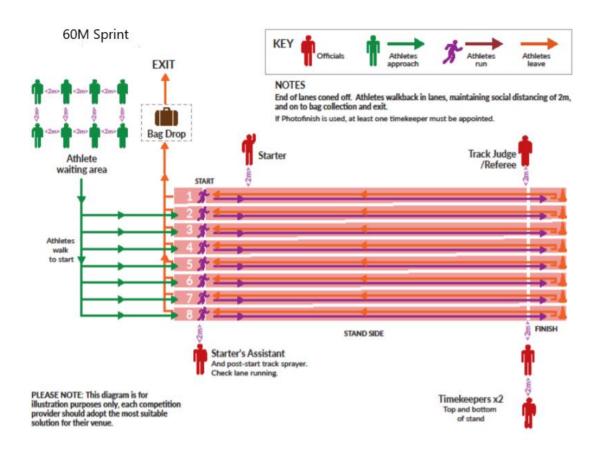
Sprint Straight – 60 Metres

- Athletes are called to the Final Call room from the Upstairs warm up area at a designated time. They will exit via the stairs and go directly to the Final Call Area
- The call room will be on the raised bank and the end of the arena, above the 60m start. Chairs will be put out to ensure social distancing before race start.
- Lane draws pre seeded prior to the day.
- Event lanes for Finals will be communicated before the race.
- Social distancing throughout apart from during competition
- Blocks already in lanes and sanitised before and after each race.
- Athletes leave area return to warm up on conclusion of race.
- Start line sanitised by Officials before and after each race.
- Athletes leave area under supervision from official or event volunteer to return to warm up on conclusion of their race.
- Athletes can warm down in the same designated area used for warm up.
- Officials are required to wear a face covering unless an exemption applies.









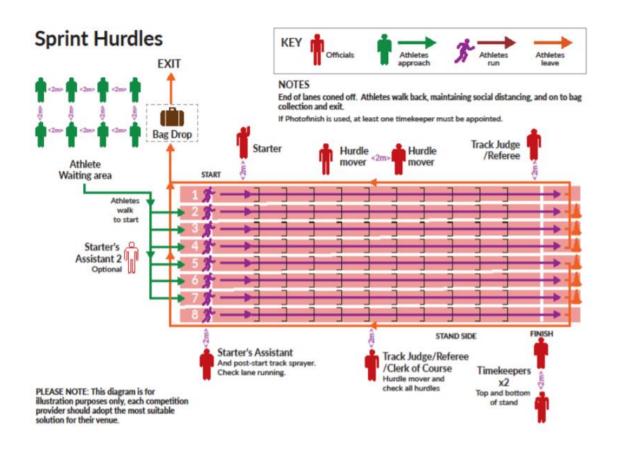
<u>Sprint Straight – 60 Metres Hurdles</u>

- Athletes are called to the Final Call room from the Upstairs warm up area at a designated time. They will exit via the stairs and go directly to the Final Call Area
- The call room will be on the raised bank and the end of the arena, above the 60m start. Chairs will be put out to ensure social distancing before race start.
- Lane draws pre seeded prior to the day.
- Event lanes for Finals will be communicated before the race.
- Social distancing throughout apart from during competition
- Blocks already in lanes and sanitised before and after each race.
- Hurdles to be put out by officials and sanitised before and after each race.
- Start line sanitised by Officials before and after each race.
- Athletes leave area under supervision from official or event volunteer to return to warm up on conclusion of their race.
- Athletes can warm down in the same designated area used for warm up.
- Officials are required to wear a face covering unless an exemption applies.









Long Jump

- Athletes are to be collected from the designated socially distanced Warm Up Area by Event Chief Official
- Athletes are taken to the long jump area and given their designated seats/area
- Athletes take turns to measure long jump run up using their own marker
- Practice jumps in turn, maintaining social distance.
- Athletes complete jump and return to seat.
- Sand Pit disinfected before and after competition by LVAC staff manually or with a fogger.
- Jump boards, rakes, scoreboard, and equipment managed by same official throughout. If official changes, items to be cleaned.
- Athletes finish competition, leave the competition area and exit track. Athletes can warm down in the same designated area used for warm up.
- Athlete seats and any equipment used is sprayed down/disinfected.
- Officials are required to wear a face covering unless an exemption applies.

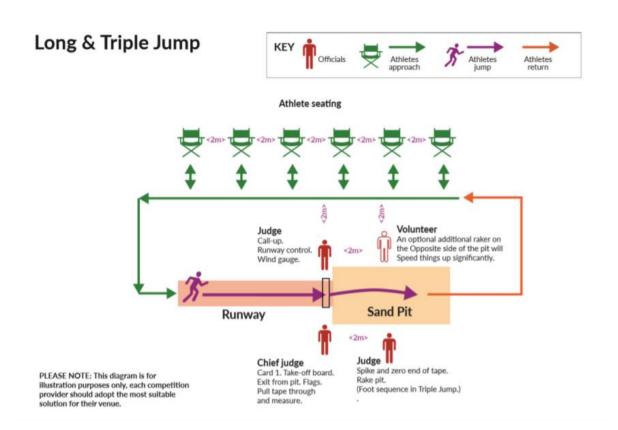






Triple Jump

- Athletes are to be collected from the designated socially distanced Warm Up Area by Event Chief Official
- Athletes are taken to the long jump area and given their designated seats/area
- Athletes arrive at triple jump area and sit in their designated seats/area
- Athletes take turns to measure triple jump run up using their own marker
- Practice jumps in turn, maintaining social distance.
- Athletes complete jump and return to seat.
- Sand Pit disinfected before and after competition by LVAC staff manually or with a fogger.
- Jump boards, rakes, scoreboard, and equipment managed by same official throughout. If official changes, items to be cleaned.
- Athletes finish competition, leave the competition area and exit track. Athletes can warm down in the same designated area used for warm up.
- Athlete seats and any equipment used is sprayed down/disinfected.
- Officials are required to wear a face covering unless an exemption applies.









RESULTS

Results will be displayed on a large computer screen supplied by the Event Management to limit the use of paper and in a well-spaced and low occupancy area.

COMPETITION

There will be no ceremonies taking place and this event will not be broadcasted.

TECHNICAL OFFICIALS

Qualified National Technical Officials who have accepted and confirmed their invitation for the event.

Officials Registration: Ron Pickering room and will have a pop protective screen placed in front of the registration table.

Big enough I think as only Track or Field Officials are there at the same time (in the main)!

Officials Area: Ron Pickering Room, which will be a socially distanced

room with chairs only and table for kit and water

collection.

Officials Kit: New unopened officials kit will be provided for this event,

disposable masks, and gloves to be available.

Officials Expenses: As per British Athletics Expenses policy. Expense claim

forms provided in advance of the event.

Personal Health Risk Assessment

Officials should conduct a personal health risk assessment prior to attending. The outcome does not need to be disclosed, but this means officials share risk ownership and an example is provided in Appendix 2.

Officials will be advised to maximise the amount of down time spent outdoors where possible.







TECHNICAL OFFICIALS LIST

National Technical Director Julian Starkey

Competition Director: Carol Jackson

Call Room Referee Margaret Nicholls

Call Room Helen Apsey

2 x Volunteers

Track Referee: Gill Freeman

Track Judges Julie Roe lan Friend

David Lipscomb Jan Clifford

Chief Starter John Freeman

Starter Marksman Mark Purser
Starter / Marksman John Moules

Chief Timekeeper John Barwick

Timekeepers Heather Espeute

Gaye Clarke Sharon Herbert Phil Martin

Field Referee Sue Smith

Field Officials Chris Apsey

Bob Densley Kevin Diedrick Bob Hammond Keith Nicholls Kay Reynolds Steve Marshall Tony Shaw Denis Tucker Jane Tucker Tamsin James

Chief Photo Finish: David Vidler

Photo Finish Tamsin James







MEDICAL

Arena & Covid-19 Secure

Red Zone: Car Park - Lateral Flow Test and Temperature Check

Area

Amber Zone: Reception Area

1) Online Covid-19 Form to be filled in by all.

2) Temperature to be taken by all.

3) Name to be on the approved accreditation list.

Green Zone: Outdoor LVAC 400m Track

Covid Officer: Paul Ennis will brief volunteers on the day.

Medical Provider: Elite Medical Services – 13 Medics which will include

temperature testers, screeners, and event medical. The vehicle(s) provided will be an ambulance or ambulance cars.

Lateral Test Flow Example Process:

1) Arrival on site

2) Pre-Screening Covid-19 Questionnaire completed with confirmation email.

3) Attend swab test

4) Swab test complete

5) Leave swab testing area with test number issued and

return in 30 mins for results and admission.

Pre-Event Screening: 48 Hours prior to competition, Covid-19 Questionnaire will

have to be filled in and sent back by all athletes, coaches, volunteers, officials, event management and LVAC Staff.

Covid-19 Secure: Lateral Flow Test, Temperature Checks and NHS Track

and Trace. (all attendees at the venue and taking place in the Lee Valley Car Park, in a sterile area before entering

the building).

Isolation Room: As per government guidelines an isolation room will be

made available for any person who becomes

symptomatic at the competition. The isolation room is the

'Seminar Room'.







COMPETITOR LISTS

START LIST

<u>MEN</u>

Event	Athlete Name	Team
60 METRES	Harry Aikines-Aryeetey	SUTTON & DISTRICT
60 METRES	Dominic Ashwell	SHAFTESBURY B
60 METRES	Jeremiah Azu	CARDIFF A A C
60 METRES	Oliver Bromby	SOUTHAMPTON A C
60 METRES	Toby Makyoyawo	WINDSOR SLOUGH ETON
60 METRES	Andrew Robertson	SALE H MANCHESTER
60 METRES	Jordan Broome	SALE H MANCHESTER
60 METRES HURDLES	Ethan Akanni	BEXLEY A C
60 METRES HURDLES	James Weaver	ENFIELD & HARINGEY H
60 METRES HURDLES	David King	CITY OF PLYMOUTH
LONG JUMP	Dominic Ogbechie	HIGHGATE HARRIERS
LONG JUMP	Reynold Banigo	SALE H MANCHESTER
LONG JUMP	Dan Bramble	SHAFTESBURY B
LONG JUMP	Karim Chan	CHARNWOOD AC
LONG JUMP	Alex Farquharson	COVENTRY
LONG JUMP	Jacob Fincham-Dukes	LEEDS CITY
LONG JUMP	Jack Roach	NEWHAM E B
LONG JUMP	Luke Sinnott	BOURNEMOUTH
LONG JUMP	Zak Skinner	TONBRIDGE A C
TRIPLE JUMP	Nathan Douglas	OXFORD CITY
TRIPLE JUMP	Sam Trigg-Petrovic	ERME VALLEY
TRIPLE JUMP	Efe Uwaifo	ENFIELD & HARINGEY H

WOMEN

60 METRES	Cassie-Ann Pemberton	BIRCHFIELD HARRIERS
60 METRES	Rachel Miller	THAMES VALLEY H
60 METRES	Diani Walker	BIRCHFIELD HARRIERS
60 METRES	Alisha Rees	EDINBURGH AC
LONG JUMP	Martina Barber	STEVENAGE N H
LONG JUMP	Olivia Breen	C OF PORTSMOUTH
LONG JUMP	Rebecca Chapman	CARDIFF
LONG JUMP	Lucy Hadaway	C OF YORK
LONG JUMP	Abigail Irozuru	SALE H MANCHESTER
LONG JUMP	Josie Oliarnyk	HALESOWEN
LONG JUMP	Jazmin Sawyers	CITY OF STOKE
LONG & TRIPLE JUMP	Jahisha Thomas	BLACKHEATH & BROMLEY
LONG JUMP	Sarah Warnock	EDINBURGH AC
TRIPLE JUMP	Shanara Hibbert	WOODFORD G ESSEX L







DRAFT TIMETABLE

12.00	60m Hurdles Men	Race 1	
12.15	60m Women	Race 1	
12.25	60m Men	Heat 1	
12.35	60m Men	Heat 2	
12.40	A Minutes silence for those	we have	lost
13.00	60m Hurdles Men	Race 2	
13.15	60m Women	Race 2	2
13.25	60m Men	Final	
13.30	Triple Jump (Men & Wome	n)	South Pit
14.25	A Minutes silence for those	e we have	e lost
14.30	Long Jump Men		North Pit
15.15	Long Jump Women		South Pit

PERSONNEL NUMBERS

EVENT MANAGEMENT – BRITISH ATHLETICS	3
VENUE MANAGEMENT	7
MEDICAL TEAM	13
OFFICIALS	30
VOLUNTEERS	30
ATHLETES	36
STADIUM ANNOUNCER	1
MEDIA STAFF (including photographer & media officer)	2
COACHES	30
COVID OFFICER	1







Appendix 1

Face Covering Protocol

Face coverings provide a potential means to prevent the transmission of Covid-19 by an infected person via droplet transmission. The wearing of a face covering increases the likelihood of infected droplets being intercepted and retained within the face covering itself. Reducing the likelihood of the transmission of infected droplets by an infected person in turn also reduces the likelihood of the airborne transmission of infection.

In order to utilise face coverings as mitigation in a proportionate way all persons will be required to wear a face covering whilst on site during the event period, unless specifically exempted at section 3 below.

Face Covering: In the context of the coronavirus (COVID-19) outbreak, a face covering is something which safely covers the nose and mouth. Please note, a visor is not a face covering, but may be worn as an additional measure.

Specific Exemptions

Participating Athletes who are warming up and within 1 hour of the start time of the event / heat in which they are participating and constantly distanced at least 2.0M from anyone outside their household group.

General Exemptions

Any person who:

- A) Is not able to put on, wear or remove a face covering because of a physical or mental illness or impairment, or disability.
- B) If putting on, wearing or removing a face covering will be caused severe distress.
- C) Is providing assistance to someone who relies on lip reading to communicate.
- D) Is escaping and immediate risk of harm, and they do not have a face covering with them.
- E) Who is in the process of taking a drink or eating food if reasonably necessary.
- F) Who is in the process of taking medication if reasonably necessary.
- G) Has been requested by a police officer or other official to remove their face covering.
- H) Is receiving medical treatment and the removal of the facemask is necessary.







Appendix 2

Personal Health Risk Assessment

Prior to attending you are advised to complete a personal health risk assessment. The purpose of this process is to encourage you to prioritise your own health and safety requirements. It is vital that you consider the impact of the travel, activity and duration requirements of the event, balancing these against your personal health status. Please note, you will not be required to respond to each of the considerations below on arrival, these are for personal consideration prior to leaving home only.

You should consider the following:

Factor	Impact
Your Age	If you are under 50 years old it is unlikely that age will significantly increase the impact of Covid-19. If you are aged 50 to 59 this has a low impact increase If you are aged 60 to 69 this has a medium impact increase If you are aged over 70 this has a high impact increase
Your Gender	Being male increases, the likelihood of Covid-19 proving serious or fatal
Your existing comorbid health conditions	One or more of the following existing health conditions can increase the likelihood of Covid-19 proving serious or fatal: - Cardiovascular Disease - Diabetes Type 1 or 2 - Chronic Lung disease (including asthma) - Chronic kidney disease - Haemoglobinopathies
Your body mass index	If your BMI is over 30 your risk of Covid-19 proving serious or fatal increases in line with your BMI

Please note that should you have previously contracted and recovered from Covid-19 or received vaccination this should not affect your considerations above. Recovery from Covid-19 does not guarantee immunity for further infection.

If you are happy that you have considered all of the following factors please read the following question. Unless you are able to answer YES please do not attend the event.

1) 'Having completed this Personal Health Risk Assessment do you consider it safe for you to attend this event?'



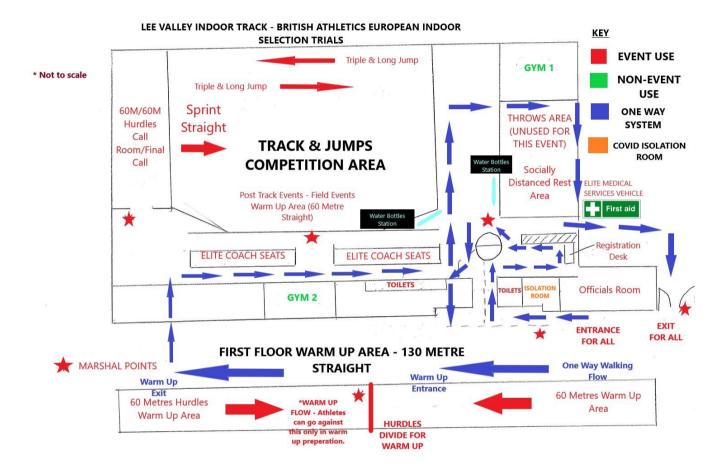




Appendix 3

MAPS

Indoor Flows



N.B All maps are also attached separately to see clearly true accurate scales and details.







Medical Location

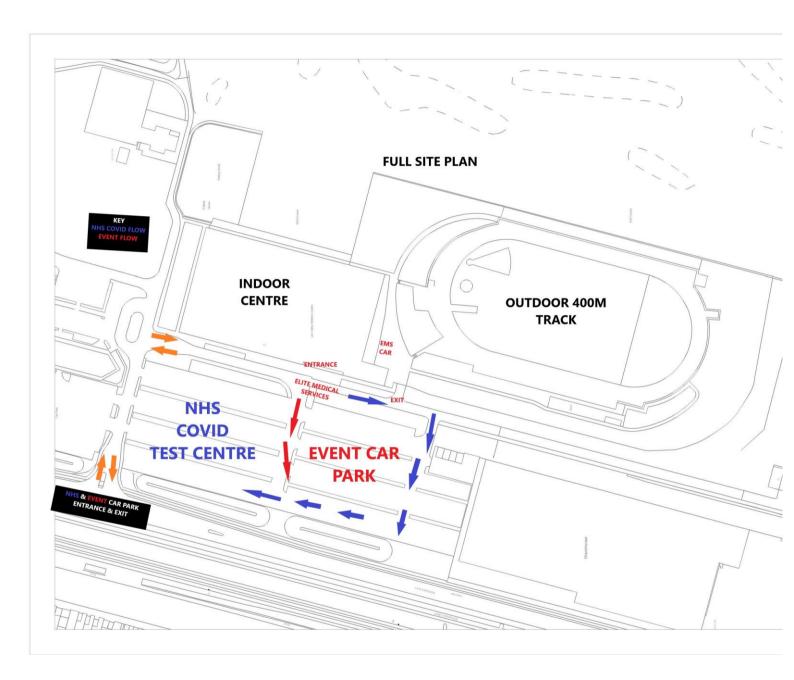








Full Site Plan

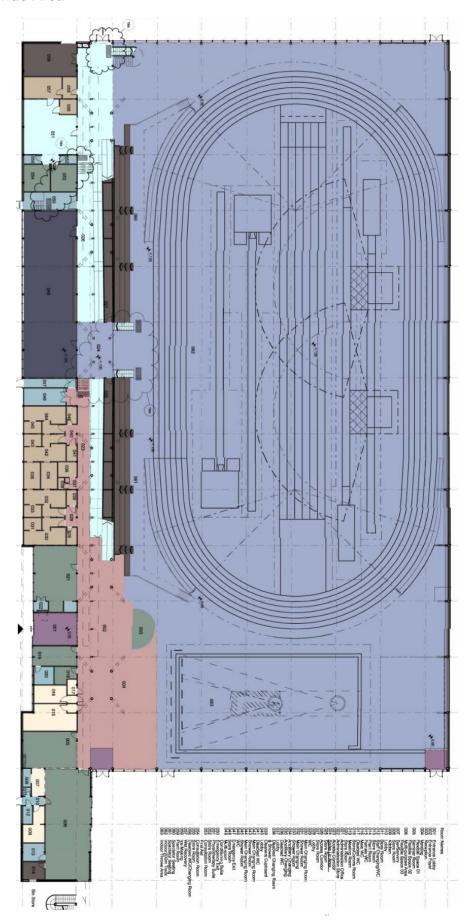








Main Venue Area





Venue Specifics to Event

001 -Entrance Lobby
002 – Entrance Foyer
005 – Seminar Room (Isolation Room)
006 – Multi-purpose area (Ron Pickering
Room/Officials Room)
015 – Female WC
016 – Male WC
017 – Disabled WC
023 – Access Corridor
047 – Emergency Exit
050 – Emergency Exit
058 – Ice Making
060 – Spectator Seating (Elite Coach Seating)
061 – Spectator Seating (Elite Coach Seating)
062 – Indoor 200m Track (W LJ warm up area on
Sprint Straight)
063 – Indoor Throws Area – (TJ & M LJ Warm up
Area)





