

Dear XXXX,

Thank you for accepting your invitation to compete at the **British Athletics European Indoor Trials – Lee Valley on Saturday 20th February**.

Please find enclosed very important details regarding the competition and the procedures in place in relation to planning due to Covid-19.

PLEASE READ ALL OF THE FOLLOWING INFORMATION VERY CAREFULLY

ADDRESS OF STADIUM

Lee Valley Athletics Centre
61 Meridian Way
Edmonton
London
N9 0AR

Please ensure that you allow plenty of time for travel as there is often congestion on motorways. Upon arrival to Lee Valley athletics centre please head for the gazebos outside the main entrance, this is where your Lateral Flow Test and Temperature check will take place from Elite Medical Services.

COVID-19

Please be assured that British Athletics and the venue will be following all Government advice and guidelines to ensure the safety of all those involved in attending and delivering this competition.

British Athletics are committed to delivering these events as they are important preparation for the whole of 2021. However, please be aware that the local pandemic conditions may require late changes to plans and we will provide details as soon as practically possible.

A self-assessment declaration form will be sent out on Wednesday 17th February this must be submitted 48 hours before arrival, failure to do this task will mean access cannot not be granted.

A summary of requirements is below:

- Completion of a COVID self-assessment declaration online form within 48 hours of arriving to the event.
- Temperature testing on arrival at the venue
- A Negative Lateral Flow Test at the venue before being allowed to enter venue.

All athletes attending the venue will have to undertake a mandatory Lateral Flow Test, the results can take up to 30 minutes to come back. It is advised you arrive early to factor this in, and you will not be permitted entry until your result has come back negative.

We advise you wait in your vehicle for the results, as no one will be permitted entry. The only exemption being those that travel via public transport, who can wait weather permitting in the isolation room.

TIMETABLE & ENTRY LIST

European Athletics Indoor Selection Trials: Lee Valley - Saturday 20th February.

<https://www.britishathletics.org.uk/events-and-tickets/european-indoor-selection-trials/> -

ACCREDITATION – COACHES

Accreditation for athletes at the European Selection Trials will be automatically produced when your acceptance of the invitation to compete at the competition is received. On the day, you will need to ensure you bring your Home Countries Membership Card when arriving to collect your accreditation. Please note that you will only be able to collect your accreditation on the day you are competing, and it will not be available prior to this.

UKA licensed coaches with a valid DBS requiring accreditation please contact accreditation@britishathletics.org.uk as soon as possible. I will not be possible to accommodate any requests after 10pm on **Tuesday 16th February 2021**. This is due to the fact Lateral Flow Tests will take place on the day and it is not possible to ensure the availability of additional tests after this time.

Please ensure that your coach brings their licence with them as proof of Identification.

Once your coach's application has been approved after individual checks for a valid DBS record an email confirmation will be sent. Accreditation will then be available for collection on the day of competition from the Registration Desk. Coaches must show their licence pass when collecting accreditation. Only **one** coach's pass per athlete will be issued, no additional support will be permitted.

CAR PARKING

Event car parking is free to all. Parking is available outside the Athletics Centre, please be mindful of the NHS Covid Testing site when parking and stick to the designated venue spaces.

REPORTING

Athletes must factor in a Lateral Flow Test on arrival and this means you should aim to arrive 60 minutes before you would normally be due to arrive for warm up.

A Lateral flow test will be taken by Elite Medical Services who after receiving a negative test from you will provide you with a wristband where you then can proceed into the venue. The Lateral flow testing area can be found outside the main entrance of the venue. Athlete Registration and Bib Collection will be at the reception area. Please note you **MUST** complete **BOTH** procedures.

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BIBs must be worn on the front and back for all events (apart from the high jump, pole vault, and horizontal jumps, where only one needs to be worn). **BIBs must be worn** as issued and must not be tampered with in any way.

It is the responsibility of the athlete to report and advise on their intention to compete. If an athlete has to withdraw from the competition after registering or does not compete in all rounds of the event after qualifying, he/she will not be permitted to compete in any other event in the meeting. Withdrawals should be notified to the registration desk immediately.

WARM UP

Once you have registered, you can access the Indoor Warm Up straight (Track Events 60 Metres and 60 Metres Hurdles) Field eventers can warm up on the 60 Metre straight and the throws cage area.

Long Jumpers and Triple Jumpers please measure your run up (with a tape measure) prior to arriving due to social distancing.

REPORTING TIMES

The following reporting times are in place

EVENT	GENDER	LF TEST ARRIVAL	ENTRY TO VENUE	REPORT TO SITE	EVENT START
60 M HURDLES	M	10:30	11:00	11:50	12:00
60 METRES	W	10:45	11:15	12:05	12:15
60 METRES	M	10:55	11:25	12:15	12:25
TRIPLE JUMP	M/W	11:30	12:00	12:45	13:30
LONG JUMP	M	12:15	12:45	13:45	14:30
LONG JUMP	W	13:00	13:30	14:30	15:15

FINAL CALL

Track athletes are also strongly requested to report to the event ready to race. Bags and personal belongings should be left in warm up.

SEEDING AND LANE DRAWS

Seeding and draws will be conducted according to the principles laid down in WA Technical Rule 20. Lane Draws will be displayed on the extranet link - <https://www.britishathletics.org.uk/events-and-tickets/european-indoor-selection-trials/>

EQUIPMENT

Spike length: The maximum length of spikes is 9mm, with the exception of High Jump where the maximum length is 12mm. This is in accordance with Governing Body Rules, surface regulations and for your personal safety. Failure to meet this requirement will result in the individual being refused access to the competition area. Checks will be made at the event site. To avoid unnecessary delays, athletes must ensure that they arrive with spikes of the required length fitted to their shoes.

Starting Blocks: Personal starting blocks will not be permitted as False Start equipment will be used.

FALSE START RULE

This competition will be held under World Athletics rules and therefore this event will incorporate the IAAF false start rule. There will be no warnings and any athlete deemed responsible for a false start will be disqualified immediately. For a full explanation on the false start rule, please view the World Athletics website at www.worldathletics.org

CLOTHING

Athletes are advised to wear the vest of their first claim affiliated club, University, County or the current Regional or National sponsor vest. The club concerned must be the one which in terms of Rule 2 (6) caters for that particular discipline of athletics.

CLEAN ATHLETICS

For all athletes by accepting your invitation to compete you are agreeing to abide by the following rule/statement:

"I hereby (i) acknowledge that I am bound by UKA's Anti-Doping rules, (ii) agree to provide a urine and/or blood sample on request in connection with this event and in accordance with UKA's Anti-Doping rules; and (iii) confirm that I am either aged 18 years or older or have fully completed and returned the U18 Doping Control Consent form."

COVID-19 modifications: Please be aware of changes to UK Anti-Doping's testing procedures, introduced to ensure the safety and welfare of athletes <https://www.ukad.org.uk/covid-19-updates>. Contact Clean Athletics if you have any queries enquiries@cleanathletics.org.uk

To check the status of registered medicines, visit www.globaldro.com. For information on the Clean Athletics programme, testing procedures and a copy of the full UKA Anti-Doping rules please visit www.uka.org.uk/cleanathletics. For general Clean Athletics queries, please contact enquiries@cleanathletics.org.uk

REFRESHMENTS

There will be no opportunity to purchase food or drink at the venue, so please ensure you bring with you all that you may need.

ADDITIONAL INFORMATION

If you have received this information, but it was not sent to your preferred contact details, please email Yannick Phippen immediately at yhippen@britishathletics.org.uk in order that your details may be amended. It is important that you supply the most current details for you to not miss any vital changes.

Please allow additional time for the on-site testing requirements when considering your travel plans.

Everyone attending the event on the 20 Feb will be issued with a document confirming their involvement and eligibility to travel to the event.

Should you have any problems on the day or for some reason you have to withdraw please notify Yannick Phippen - 07887 775964 at your earliest opportunity.

Should you have any queries at this time please send to championships@britishathletics.org.uk and we will respond as quickly as we can.

Yours sincerely
Katie Brazier
Competition and Events Director

