



BIGish Jumps & Throws Fest
38 Princes Road
Bromham
Bedfordshire
MK43 8QD
Tel: +44 1234 822868
Mobile: 07850 190299
Email: carol@gobiguk.net

BIGish JUMPS & THROWS FEST 2022

Under World Athletics (WA) Rules

Dear

Bedford Athletic Stadium – Thursday 2nd June 2022

Thank you for your entry to the **BIGish Jumps & Throws Fest 2022**. If you were on the RESERVE list and are receiving this letter you are now in the competition and IF you have not already paid can you please do so asap (<https://www.bedfordgames.co.uk/payment>)

Below are all relevant times for your event. (for this information please refer to the Athlete Pools)

You are entered in the **«Event»**

You are in **POOL «Pool»**

Report Time at Event Site is at **«Final_Call»**

Event start time is at **«Comp»**

If you are in more than one event you will receive separate emails. We have tried our best to ensure “double ups” are possible but if you were in more than one event and these clash please can you let me know immediately which you wish to do. We have reserve lists in all events.

You will find more details on the Entry Lists, Arrival times & Timetable paperwork on the web site.

Please also READ everything below as there is a lot of information we need to pass on to you.

It is IMPORTANT that you check the website over the next few days for any updates to Pools or Timetable. **If any of the above details are incorrect, please contact me as a matter of URGENCY.**

If you need to **WITHDRAW** from this competition, please email carol@gobiguk.net as soon as possible, as we have a reserve list in all events.

This is the 7th year of this new initiative and we are really happy to be able to get back to hosting the event without restrictions. This is a unique event in the Fixtures calendar and we hope it will provide a fun, athlete friendly environment in which to qualify whatever your level (World, World Paras, European, Commonwealth, World Junior, Euro Youths, or even English Schools) as well as providing an opportunity to return to high level competition this season.

Events on the day are being overseen by the following people – High Jump (Carol Jackson), Long & Triple (Ben Davies), Hammer (Paul Head), Discus & Shot (Mark Chapman) with the overall organisation being handled by BIG.

The event will be run under WA Rules. A Level 2 Permit has been obtained and top level officials will be present ensuring all performances can be ratified.

The following spikes must be worn

Max 6mm
Long & Triple Jump

Max 9mm
High Jump

NB ATHLETE ENTRY to the stadium will be via the MAIN ENTRANCE only

- Please look at the website for details of your **Pools and Timetable**.
- **ENTRY TO THE STADIUM** -
 - ATHLETES via the main entrance.
 - COACHES via the Spectator entrance.
 - SPECTATORS via the Spectator Entrance.

Wrist bands will be issued and must be worn at all times.

- **INDOOR WARM UP AREA** - This is at the bottom half of the Indoor area and **ENTRY** is via the Ramp only. **Please only use this area for actual warm up as space is limited.** Please do not use any other part of the Indoor Hall.
- **WEIGHING OF EQUIPMENT** - at the Equipment Store at least 1 hour before your event.
- **DISALLOWED EQUIPMENT IN THE COMPETITION AREA** – Athletes are reminded that mobile phones / iPods, Smart watches, iPads, cameras, etc must not be taken into the competition area and this will be checked at your event site.
- **REGISTRATION** – is at the desk at the bottom of the Warm Up area at least 60 minutes before your event. Bibs will be issued this year.

REPORTING – There will be no FINAL CALL area so please go directly to your competition area (see event notes below and paperwork on the website for exact times). All spikes, kit, disallowed equipment, etc will be checked at your competition site. Please report 30 mins before event start time (HJ 45 mins) to start warm up as numbers are high and it will take time to mark & set up run-ups etc.

- **SPECTATOR & COACHING AREAS** – As there are no track events it will be possible to get closer to the event sites and these areas will be roped off. **COACHES AREAS** will be designated near all event sites so can you please ask your coaches to adhere to them. When walking between events, please walk round the outside of the track. Seats in the stands will be available.
- **HIGH JUMP**
 - Competitions have been split by performance and two cards (Men & Women) will be run where necessary to make the competition legal.
 - 2 beds will be run so please ensure you know which bed you are jumping on.
 - Progressions will be decided before the competition and we will look to go through as many of the relevant qualifying standards as possible.
 - We will ensure the first height in each competition is comfortable for all.
 - **Call up will be 45 mins prior to start time.** Call up will be at the High Jump area.
- **LONG JUMP**
 - All competitions will be measured by EDM
 - All athletes will have 6 Trials
 - The competitions have been split by performance and two cards (Men & Women) will be run where necessary to make the competition legal.
 - PLEASE NOTE: There will be NO reversal of the jumping order after Round 3
 - **Call up will be 30 mins prior to start time.** Call up will be at the Long Jump event site.

TRIPLE JUMP

- All competitions will be measured by EDM
- Competitions will use the 9m, 11m and 13m boards respectively and boards will not be changed mid competition
- All athletes will have 6 Trials
- Two cards (Men & Women) will be run where the pools are mixed to make the competition legal.
- PLEASE NOTE: There will be NO reversal of the jumping order after Round 3
- **Call up will be 30 mins prior to start time.** Call up will be at the Triple Jump event site.

- **DISCUS (Inside cage)**
 - All athletes will have 6 Trials
 - EDM is being used for Discus.
 - There will be NO reversal of the Throwing order after Round 3
 - **Call up will be 30 mins prior to start time.** Call up will be at the Discus area.

- **SHOT**
 - All athletes will have 6 Trials
 - EDM is being used for Shot
 - There will be NO reversal of the Throwing order after Round 3
 - **Call up will be 30 mins prior to start time.** Call up will be at the Shot area.

- **HAMMER (Outside cage)**
 - All athletes will have 6 Trials
 - EDM is being used for Hammer
 - There will be NO reversal of the Throwing order after Round 3
 - **Call up will be 30 mins prior to start time.** Call up will be at the Hammer area

- **SPECTATOR ENTRY** – will be through the Spectator Entrance. There is a charge of £5 for spectators (U12's & O65 £3.00). We would be grateful if you could have the exact money available. No card or cheque payments will be possible.

- **COACHES ENTRY** will be through the Spectator Gate
 - Only the Athlete's MAIN Coach, as designated on Power of 10, will be allowed free entry by pre-registering by Fri 27th May at <https://www.bedfordgames.co.uk/coaches-registraion>. There will be no charge on production of their current valid UKA Coaches licence but they will need to pay £5 if this is not shown or has expired.
 - N.B. Only one coach per athlete will be allowed to pre-register for free entry.

- **CAR PARK** on the field to left of the Stadium. I am unsure if Fusion are manning this but if not please park sensibly in rows.

- **MEDICAL COVER** – A Paramedic team will be present. Please note there will be no Physio in attendance.

- **WATER** – No Water will be available for you. Please bring your own or buy from the Stadium.

- **REFRESHMENTS** – I very much hope that there will be a number of Outside Catering Food Outlets, an Ice Cream van and a Coffee Van there and we hope you will support these.

- **BIG** cannot accept responsibility for incurred expenses should the meeting be cancelled or postponed, nor can **BIG** accept responsibility for any injury or loss incurred at this event.

- **BIG** reserves the right to decline entry to any person unable to meet or abide by the promoter's conditions.

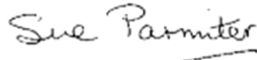
Please do not hesitate to contact me on the numbers above or by email if you have any further questions.

We look forward to seeing you on June 2nd and to a great day of Field event competitions as we now look forward to Birmingham, Munich, Oregon and beyond.

With best wishes,



Carol Jackson
Meeting Director
07850 190299



Sue Parmiter
Officials Coordinator
01295 712485

Notes to be found on www.bedfordgames.co.uk

Timetable

Entry Lists

Event Pools