EUROPEAN INDOOR SELECTION MEETING

20th FEBRUARY 2021 LEE VALLEY

BRIEFING NOTES STARTERS/STARTERS ASSISTANT.

Hope you have read all the paperwork regarding what is required for this event.

If the fire alarm goes, listen to the instructions given. Follow instructions given.

STARTERS:

There is electronic starting for the sprints.

If you hear a bleep recall and we can discuss the outcome.

STARTERS ASSISTANT:

As stated in the paperwork, starting blocks and start line to be sprayed before and after each race. (help will be supplied.)

Only one runout per athlete, inform athlete while at the start line.

If a recall gun goes please get athletes back to start line ASAP.

Wait for starter to issue decision before showing any cards.

The last 3 races will have the long jump taking place so be aware of field athletes.

You need to be at the stadium by about 10.30, so that you can go through the lateral flow test and await results.

Please remember to bring your own food and also a mug /water bottle.

When the races have finished, we will be required to leave the stadium.

Do not forget your masks.

Looking forward to seeing and working with you again after such a long time.

John